## ICE 'speaks' for you when you can't!



ICE is a method to display next of kin information on your phone's lock screen - In Case of Emergency - so that if anything happens to you, paramedics on the scene will know how to identify you, treat you and be able to contact your next of kin immediately.

Carers and parents can also relax knowing, that should anything happen to their loved ones, medics will have all the information they need to give the right treatment, and they will know who to call first.

By displaying ICE on your lock screen, vital information is immediately available - even if your phone is locked! No searching or other actions are required.

Remember to include:

- your name and date of birth (optional)
- one or two ICE contacts
- serious medical conditions
- medication and date so they know it's up to date
- ANYTHING else you feel the responder or hospital should know

The #1 trusted method to ensure your ICE details are immediately available!

Use a selfie to customise your wallpaper – this will identify you as the phone owner!

ICE makes it simple for both mobile phone user and responder!

ICE – In Case of Emergency www.incaseofemergency.org