

ICE 'speaks' for you when you can't!



It's clear as ICE!



ICE is a method to display next of kin information on your phone's lock screen - In Case of Emergency - so that if anything happens to you, paramedics on the scene, who access your phone, will know how to identify you, treat you and be able to contact your next of kin immediately.

Keeping it simple for both phone user and responder!

What kind of information should you include in your ICE details?

- Your name and optionally, your date of birth.
- One or two ICE contacts – their name, number and your relationship.
- **ANYTHING** you feel the first responder, or hospital, should know - such as health concerns or medical conditions.
- Remember to add the date if you list any current medication. This will inform the first responder, or hospital, that your ICE is up to date.
- If you are a carer for a pet, or a loved one, include their name and any other relevant information so they can be cared for in your absence.



Get Protected – Get ICE!
incaseofemergency.org